



Philip Silverberg

After struggling to find help for a family member, Philip Silverberg created an organization that is becoming increasingly renowned in the mental health community.

When Philip Silverberg noted existing mental health services failed to meet his family member's basic but essential need for community and purpose, he took action. Philip led the founding of Donald Berman UP House, Quebec's only psycho-social rehabilitative community center that operates under the world-wide respected standards of Clubhouse International. UP House is bilingual, non-denominational and inclusive and offers members support in employment, education, housing and wellness. Signing up is free and voluntary participation of its members keeps the UP House functioning. The organization has been a success, receiving recognition from Prime Minister Justin Trudeau, winning awards and forming partnerships with academic institutions. In addition, with the Montreal Museum of Fine Arts as presenting partner, Philip created the Au Contraire Film Festival, an annual event de-stigmatizing mental illness by engaging audiences on an emotional level. Now in its fifth year, it has entertained and educated thousands of Montrealers while providing opportunities for clubhouse members to be part of an impactful initiative. Because of Philip, many more Canadian's living with mental illness have greater confidence, purpose, and community.

